



JAIME'S JOURNAL

Looks like home. Feels like home!

Fall Festivals are everywhere!

**Raprager's Pumpkin Patch
and Fall Festival
16907 Boy Scout Rd. Odessa**

**HarvestMoon Fun Farm Corn
Maze and Pumpkin Patch
15590 Stur St. Masaryktown**

**Hunsader Farms Pumpkin
Festival
5550 Country Road 675 E
Bradenton**

**Corky's Corn Maze
1603 Hawk Griffin Rd
Plant City**

**Farm Festival at
DK Landscaping
1750 Lake Ave SE Largo**

**Fox Squirrel Corn Maze
6151 Varn Rd Plant City**

**Fruitville Grove Pumpkin
Festival
7410 Fruitville Rd Sarasota**

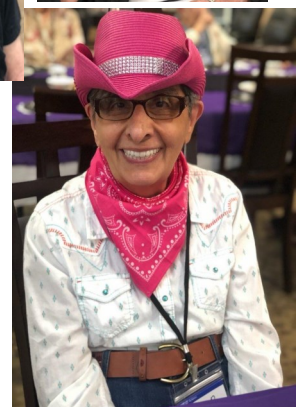
**Pumpkin Festival at Beasley
Farms
10137 Preston Rd Brooksville**

**Sweetfields Farm Corn Maze
and Pumpkin Patch
17250 Benes Rousch Rd
Brooksville**

6th Halloween Tea Party

Goblins and ghosts and witches, oh my! Devils and vampires and bats, oh my! October would not be the same at Jaime's without our annual Haunted Halloween Tea Party. This year marks 6 years for this amazing tradition. And like every year before, this year is sure to be the best! Come ready to eat, drink and be scary. Jaime will be dressed to kill so arrive in costume. There will be a contest and you definitely want bragging rights for the best costume. Check out some of the pics below from past events. We love Halloween and

WE LOVE OUR MEMBERS!



Activities to stimulate your loved ones using the 5 Dimensions of Wellness

- **Walk around a pumpkin patch or fall festival.** Cooler weather is coming so get out and enjoy one (or more) of the many festivals around town—see page 1 of the Journal. (Physical)
- **Don't miss Jaime's 6th Annual Tea Party.** All of Jaime's friends will be in attendance—and in costume. Also, check out one of the festivals and meet some new friends. (Social)
- **Decorate for fall.** Paint a pumpkin. Bake pumpkin bread. Roast pumpkin seeds. These are just a few of the ways to enjoy the season of pumpkins! (Emotional)
- **Fall word challenge.** See how many fall words you and your loved one can come up with. Think leaves, Halloween, chilly, fire, Thanksgiving. (Intellectual)
- **Check out some Bible verses that reference harvest.** Genesis 8:22. Psalm 67:6. Galatians 6:8-9. Psalm 85:12. Isaiah 9:3. (Spiritual)

PROMISING NEW TREATMENT

The Alzheimer's Association announced a major development regarding the potential for a new treatment for Alzheimer's in an email recently sent.

Initial clinical trial results were announced for a drug called lecanamab, which was tested in individuals living with mild cognitive impairment (MCI) due to Alzheimer's disease and mild Alzheimer's dementia. Results from the clinical trial found that this treatment significantly reduces clinical decline from the disease.

These are the most encouraging results in clinical trials treating the underlying causes of Alzheimer's to date. These results indicate lecanamab may give people more time at or near their full abilities to participate in daily life, remain independent and make future health care decisions.

We will know more at the end of November when the data behind these initial results will be public. We look forward to learning more at that time about participant safety and representation in the trials. It's also important to manage our own expectations that this treatment is not yet Food and Drug Administration (FDA) approved and is not yet available in doctors' offices.

This is a major milestone for Alzheimer's disease treatments. It is a significant gain for people with the disease and their families and it further positions us to advance our mission in new and exciting ways.

We have never been more hopeful, and we hope you share our excitement. Even with the success announced today, we must redouble efforts to discover new targets and test new and more effective treatments for Alzheimer's and all other dementia.

Stay tuned for more promising updates!



Caregiver's Corner

FUN IN THE CORN MAZE

If you have never gotten lost in a corn maze, you must do it. Think it's easy? Give it a try. Want to make it even more of a challenge? Try one at night! Corn mazes have become popular tourist attractions and we are lucky enough to have many right in our back yards. (Check out page 1 of the Journal for a few.) A corn maze is designed by cutting patterns through corn fields. The first one is believed to have been built in Anneville, Pennsylvania in 1993 though mazes and labyrinths have been around since ancient Greek and Roman times. That first corn maze was on only 3 acres of land. In 2014, a farm in Dixon, California dedicated 60 acres to its corn maze. Wow! Now that's one for the Guinness Book of World Records. And though not that big, many farms all over the country open the barns to members of the community to partake in the great maze of fun!



The Weight of Caring

Compassion is a wonderful gift. As deeply rewarding as it can be, it can also come with a cost. Compassion fatigue is the exhaustion experienced when exposed to prolonged secondary trauma and stress—that is trauma and stress caused by witnessing the suffering of another. As a caregiver for a loved one with Alzheimer's, you are exposed to that person's suffering AND the stress that comes with caring for another person.

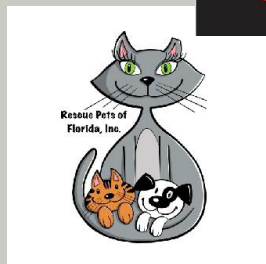
This constant exposure to another's pain can have a negative effect on your own emotional and physical well-being.

Some of us discount the effect that compassion fatigue can have. But it is important to recognize this impact. Make sure to check out next month's Journal for some more information on this important topic.

A BIG WIN FOR OUR FURRY FRIENDS



The inaugural Jaime's Pet Project was a huge success. We raised \$2,000 in cash for local rescues! We also received hundreds of pounds of wet food, dry food, blankets, toys, kitty litter and more. A huge thank you to everyone who baked, bought, donated and volunteered. Stay tuned for updates on how our new friends are doing!



October birthdays

Happy birthday to our October born

6th—Pete S.

12th—Melody S.

25th—Ligia R.

26th—Kathy D.

October is all about Pumpkin Spice and everything nice and, of course, Halloween.

1—Pumpkin Spice Day

5—Pumpkin Seed Day

8—Costume Swap Day

21—Pumpkin Cheesecake Day

26—Pumpkin Day

Zodiac signs— Libra , Scorpio

Birthstone—Opal

Famous people born this month— Christopher Columbus, Dwight D. Eisenhower, John Adams, Julie Andrews

